

Packing List for Young Women's Camp Only)

For:

Salina Stake Young Women's Camp Packing List

Please check that you've packed the following items.

- | | |
|--|---|
| <input type="checkbox"/> sleeping bag or bedroll/sheets (you will be sleeping in bunkbeds) | <input type="checkbox"/> toothpaste |
| <input type="checkbox"/> Pillow | <input type="checkbox"/> toothbrush |
| <input type="checkbox"/> modest shorts / capris or pants (4 days - 3 nights) | <input type="checkbox"/> hair brush |
| <input type="checkbox"/> shirts (4 days | <input type="checkbox"/> soap |
| <input type="checkbox"/> 3 nights) | <input type="checkbox"/> feminine hygiene products |
| <input type="checkbox"/> socks & underclothing (4 days - 3 nights) | <input type="checkbox"/> Insect repellent |
| <input type="checkbox"/> pajamas | <input type="checkbox"/> sunscreen |
| <input type="checkbox"/> sweatshirt or jacket | <input type="checkbox"/> sunglasses |
| <input type="checkbox"/> modest swimsuit | <input type="checkbox"/> hat/visor |
| <input type="checkbox"/> Poncho or rain jacket | <input type="checkbox"/> chapstick |
| <input type="checkbox"/> sturdy shoes for walking/hiking around camp | <input type="checkbox"/> your pocket size scriptures |
| <input type="checkbox"/> water shoes for lake activity (no flip-flops) | <input type="checkbox"/> camera (no cell phones are allowed at camp) |
| <input type="checkbox"/> towel for swimming activities | <input type="checkbox"/> refillable water bottle with name written on it |
| <input type="checkbox"/> towel for showering | <input type="checkbox"/> medication (needs to be given to the camp nurse) |
| <input type="checkbox"/> shampoo | <input type="checkbox"/> sack lunch for Tuesday when you arrive at camp |
| <input type="checkbox"/> deodorant | |

Packing Tips

Packing for camp is the start of your child's independent camp experience. Please have your child participate in packing for camp so that they know where to find their clothing and other items. Campers who don't participate in packing often don't know what they have or where to find things at camp, which makes it harder to get acclimated to camp and to keep track of belongings

Tip 1: Label: Please label all items (even underwear and socks). We are not responsible for any lost items though we will do our best to help campers keep track of their personal items. First name with first letter of last name, last name only, or if you have to, initials. If using initials, use first, middle, and last. See Lost and Found policies.

Tip 2: Bags: Use whatever containers or baggage you have to transport luggage so long as it can be neatly organized, labelled and kept track of. Be sure bags are easy to carry and strong enough not to tear. We suggest duffel bags or backpacks for packing. Try to pack all bedding neatly into one bag and leave clothing and personal items in the other bag.

For:

Tip 3: Pre-Inspection: You may include a checklist of packed items, or list items you wish to be returned home. Inspect all items to be sure they are labelled and count to make sure you've sent enough of each. Inspect for tears, stains, and items that aren't allowed or are not needed at camp.

Special Note about - Bedbugs: They can happen to anyone no matter how clean or organized you are! They are 'hitchhiker bugs' and WMC works very hard to inspect for and prevent bedbugs at our facilities. Help us make camp pest-free for all guests. A quick internet search will show you what they look like and tell you all you need to know to prevent and inspect for these itchy critters.

--- Make sure you don't have any stowaways.

---Check your campers clothes, bags, shoes, linens, sleeping bag and so on for bed bugs or lice.

---Contact WMC if you'd like to learn more about bed bug policies for tips on preventing and treatment.

Tip 4: Clothing: A good rule of thumb is to avoid clothing that would not pass a school inspection. Camp gets messy. Bring at least one outfit that can get dirty and stained. We recommend that you do not send new clothing for your camper.

Tip 5: Bedwetting

Our staff know that bedwetting can happen and are taught to be discreet in such cases. Staff ensure that the camper's sheets are washed while the campers are out of the cabin. If you anticipate a case of bedwetting, please pack one extra set of sheets, protective underwear or extra clothes as needed, and let the counselor know that bedwetting may occur.

Tip 5: What NOT to Bring

Any prohibited items not immediately checked in or confiscated, WMC is not responsible for lost, damaged, or stolen items. For the sake of fairness and consistency, staff may confiscate and properly check-in and store items that were missed during check-in to be returned during check-out.

Reminder 1: Lost and Found

Unclaimed items will be presented on the Lost and Found table as part of check out. Campers and Parents will have a chance to look through the items to claim anything that belongs to them. Leftover items after check-out will be collected. All items will be held for thirty days at which point they will be considered donations. We will make efforts to notify event sponsors of lost items that were found. Depending on the item, the Camper's family may be responsible for printing a package slip and paying shipping costs. If items are clearly labelled we will contact the camper's family regarding their lost and found the week following the camp session.

Reminder 2: Banned Items

It goes without saying, but just in case...

PROHIBITED: DO NOT BRING:

- Ø clothes that advertise cigarettes, alcohol, sex or drugs
- Ø Drugs, alcohol, or tobacco products
- Ø Weapons of any kind. This includes knives, guns, or explosives, airsoft guns etc.
- Ø Fireworks and matches
- Ø Expensive items that you do not want lost or broken.
- Ø Explicit or offensive materials
- Ø Expensive valuables/jewelry
- Ø Unorganized or unidentified meds
- Ø Electronics (see electronics policy)